

Q U A D R A

CUTS

EXTREME

THERMOGENIC IGNITOR



Size: 60 Tablets
Serving Size: 2 Time-release tablets
Servings Per Container: 30

Quadra Cuts Extreme by Max Muscle Sports Nutrition (MMSN) is scientifically designed for adults to support maximum calorie burning (thermogenic), accelerated weight loss specifically fat (fat oxidation), increase energy and elevate the body's metabolism (thermogenesis).†

The main component of this formula is the powerful and innovative Quadra Cuts Proprietary Blend providing multiple sources of natural caffeine-related alkaloids. The formula is presented in a time-released tablet for a continuous delivery of caffeine over an extended period of time. Included in the powerhouse Blend is caffeine from natural sources including Green Tea Extract (standardized to contain a minimum of 45% EGCG), Guarana Extract and is spiked with Natural Caffeine for maximum potency. Cissus Quadrangularis Extract is added to support rapid weight loss and complements the multi-sources of caffeine.†

Caffeine has been a highly researched ingredient and provides an effective thermogenic, metabolic, fat oxidation and performance enhancing (ergogenic) effect in humans. Green Tea Extract and Natural Guarana have a long history of traditional use for promoting energy and well-being. The Green Tea Extract contains highly concentrated levels of Epigallocatechin Galate (EGCG). Numerous published studies have now shown that EGCG is effective in reducing body weight, mainly body fat, by increasing thermogenesis and fat oxidation (fat burning). Studies have shown that Green Tea EGCG is especially effective when combined with caffeine.†

Quadra Cuts Extreme contains the patented ingredient Advantra Z®*, an extract of a citrus fruit (Citrus aurantium). Advantra Z® contains a unique and synergistic family of bioactive amines including synephrine, N-methyltyramine, hordenine, octopamine and tyramine. These agents stimulate beta-3 cell receptors that increase metabolic rate without affecting heart rate or blood pressure. Advantra Z® has been shown to be safe and effective in humans in stimulating metabolic thermogenesis, increasing the breakdown of fat (lipolysis), increasing the ratio of lean muscle to total body mass, improving athletic performance and exerting an appetite suppressing effect.†

The addition of L-Arginine and L-Carnitine to the formula is supported by a recently published study showing the combined benefits of these components to stimulate lipolysis (fat burning) and fatty acid oxidation (metabolic fat burning). A recent study has also shown that caffeine, when combined with L-Arginine, is a non-selective adenosine-receptor antagonist and stimulator of lipolysis. Biochemically, L-Carnitine is essential to transport fatty acids into the cell mitochondria
(cont'd on p.2)

KEY FEATURES

- Metabolic Support Extreme Fat Burner.†
- Extreme Thermogenic Formula.†
- Time Release Tablet For Extended Thermogenic Effect.†
- Intense Energy With 400 mg Caffeine Per Serving.†

KEY MESSAGES

- A focused formula to support maximum fat burning (fat oxidation), accelerated weight loss from fat, increase energy and elevate metabolism (thermogenesis).†
- Contains the Quadra Cuts Proprietary Blend providing multiple sources of caffeine delivered in a time-released tablet for continuous delivery. Included is Green Tea Extract, Guarana Extract, Natural Caffeine, with Advantra Z® (Citrus aurantium) and Cissus Quadrangularis extract.
- The Green Tea Extract is standardized with highly concentrated levels of epigallocatechin gallate (EGCG). Published studies have demonstrated the efficacy of EGCG in reducing body fat, increasing thermogenesis and fat oxidation (fat burning).†
- Green Tea Extract is very effective in thermogenesis and fat oxidation when combined with caffeine.†
- Advantra Z® is a proprietary patented ingredient containing the bioactive amines synephrine, N-methyltyramine, hordenine, octopamine and tyramine and is the only patented Citrus aurantium extract indicated for weight loss and physical performance on the market today.†
- Cissus Quadrangularis Extract is added to support rapid weight loss and complements the multi-sources of caffeine.†
- L-Arginine and L-Carnitine has been added as a recent study has shown that these ingredients, when combined with caffeine, are stimulators of lipolysis (fatty acid oxidation).†
- In addition to the high levels of L-Carnitine, the metabolic cofactors, Pantothenic Acid, Magnesium, Chromium and Vanadium have also been added to support and maximize fat oxidation.†

Your assurance of quality®

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Servings Per Container: 30

Supplement Facts

Serving Size: 2 Time-release tablets Servings Per Container: 30

Amount Per Serving	% Daily Value*
Pantothenic Acid (as calcium pantothenate)	50 mg 500%
Magnesium (as citrate)	75 mg 19%
Chromium (as polynicotinate)	25 mcg 21%
Vanadium (as vanadyl sulfate)	50 mcg †
Quadra Cuts Extreme Fat Burning and Thermogenic Blend providing:	1032 mg †
Green tea extract, leaf (standardized to contain 45% EGCG [Epigallocatechin gallate]), Guarana extract, seed (standardized to 22% caffeine alkaloids), Natural caffeine, Advantra Z [®] (Citrus aurantium), (containing 30% synephrine alkaloids), Cissus quadrangularis extract, stem and leaves (standardized to 50% ketosteroids)	
L-carnitine (as carnitine fumarate)	200 mg †
L-arginine	500 mg †

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established

Other Ingredients: Di-calcium phosphate, microcrystalline cellulose, stearic acid, methylcellulose, ethylcellulose, silicon dioxide, magnesium stearate.

Quadra Cuts Extreme provides 400 mg caffeine per serving.

Directions: Test your tolerance by taking one (1) tablet with food. If well tolerated, take another tablet 4 hours later with food. After tolerance test, you may take two (2) tablets with food or with up to eight (8) ounces of water without food. DO NOT TAKE AFTER 6 PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED SIX (6) CAPSULES DAILY.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.

STORE IN A COOL, DRY PLACE IN THE ORIGINAL CONTAINER AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

WARNING STATEMENT

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician before using this product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent headaches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects and those that are sensitive to the effects of caffeine should consult a physician before consuming this product. Improper use of this product may be hazardous to a person's health. Do not use during strenuous activity in high temperature conditions (greater than 80 degrees F). Drink at least 2 liters of water daily when using this product.

Does not contain: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

TARGET MARKET

Primary: Adults seeking a powerful fat burner and extreme thermogenic formula as a dietary supplement adjunct to a reduced caloric diet, exercise and behavior modification program.

RECOMMENDED STACK

- Quadra Cuts Advanced Thyroid Support
- Quadra Cuts Night Time
- Iso-Extreme
- High 5
- Max Gluta Matrix
- Max ZMA
- Max BCAA

(cont'd from p.1)

to be burned for energy. In addition to the high levels of L-Carnitine, the metabolic cofactors, Pantothenic Acid, Magnesium, Chromium and Vanadium have also been added to support and maximize fat oxidation. **Quadra Cuts Extreme** is your solution to the most powerful fat burner available in the marketplace.

Key References

1. Cha YS. Effects of L-carnitine on obesity, diabetes, and as an ergogenic aid. Asia Pac J Clin Nutr 2008;17 Suppl 1:306-8.
2. Lee MS, Lee HJ, Lee HS, Kim Y. L-carnitine stimulates lipolysis via induction of the lipolytic gene expression and suppression of the adipogenic gene expression in 3T3-L1 adipocytes. J Med Food 2006 Winter;9(4):468-73.
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4. Ogen J, Kuate D, Agbor G, et al. The use of Cissus quadrangularis formulation in the management of weight loss and metabolic syndrome. Lipids Health Dis 2006 Sep 2;5:24.
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8. Preuss HG, DiFerdinando D, Bagchi M, Bagchi D. Citrus aurantium as a thermogenic, weight-reduction replacement for ephedra: an overview. J Med 2002;33(1-4):247-64.
9. Haaz, S, Fontaine KR, Cutter G, et al. Citrus aurantium and synephrine alkaloids in the treatment of overweight and obesity: an update. Obesity Rev 2006;7:79-88.



Advantra Z[®] is a registered trademark of Nutratech, Inc./Zhishin, LLC licensor of U.S. Patents 6,224,873; 6,316,499; 6,340,481; 6,340,482 and Canadian Patent 2,248,854.

To report a serious adverse event, contact:
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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.